The Central and Eastern Canada Intergroup of Debtors Anonymous is hosting an in-person retreat 06-08 September 2024 at Mount Mary Retreat Centre in Ancaster, Ontario.

## "The Steps We Work: An In-Depth Journey Through the 12 Steps."

You are invited to attend this intimate retreat at the lovely Mount Mary Retreat Centre. The retreat theme is The Steps We Work: An In-Depth Journey Through the 12 Steps. Start time: Friday, 06 September 2024 at 7 p.m. End time: Sunday, 08 September 2024 at noon.

## Accommodations available are:

- 15 single rooms with a shared bath with meals
- 4 twin rooms with a shared bath with meals
- Day use without accommodation with or without meals Retreat

Format: We will read through and share on the contents of the Debtors Anonymous 12x12x12 book, The Twelve Steps of D.A. Approximately one hour per step.

There will be some free time for meditation or exploring the spacious grounds surrounded by nature.

Prices include accommodations, meals, retreat supplies, snacks, taxes, facility charge, gratuities and insurance.

## Per person rates with meals:

- Single room with shared bath and four meals: \$275.00 CAD
- Twin room with shared bath and four meals: \$250.00 CAD
- Day use with four meals but without accommodations: \$130.00 CAD
- Day use with no meals and without accommodations: \$60.00 CAD

Shorter day use rates also available.

Email for details: <a href="mailto:amaliastep12@gmail.com">amaliastep12@gmail.com</a>

We have limited funds available to support scholarships for those who are unable to afford the entire cost of attending the retreat.

## Applications for retreat registration can be found clicking this <u>link</u>

2024 Retreat Registration Application Form This link will also be available at www.debtorsanonymous.ca

Questions may be directed to the Retreat Registrar (Amalia C) at <a href="mailto:amaliastep12@gmail.com">amaliastep12@gmail.com</a>